

2023 PA Level 3 State Championships

Rotation Schedule

Apr 14-16, 2023

Saturday, April 15, 2023

Session: SA1 -- Level 3A









Open Warmup 10:00 AM

Timed Warmup 10:40 AM

March in 10:20 AM

Awards 1:00 PM

Gymnasts: 56

Flight: A - 28			
 8 Berks East - 8	 6 Gym Centr of Hershey - 6	 8 All-Star - PA - 4 SGA PA - 4	 6 Gym Centr of Hershey - 5 Roots Gymnastics - 1
Flight: B - 28			
 8 Hanover PA - 8	 7 Philly InMovement - 7	 7 Hanover PA - 7	 6 Philly InMovement - 6

Saturday, April 15, 2023

Session: SA2 -- Level 3B









Open Warmup 1:30 PM

Timed Warmup 2:10 PM

March in 1:50 PM

Awards 4:30 PM

Gymnasts: 70

Flight: A - 35			
 7 River Run - 7	 8 GGAC - 5 Gravity Forged Gym01 - 3	 12 SSG - 12	 8 GGAC - 8
Flight: B - 35			
 6 TGZ - 6	 9 CEG PA - 9	 12 EEG - 12	 8 CEG PA - 8

Saturday, April 15, 2023

Session: SA3 -- Level 3C









Open Warmup 5:00 PM

Timed Warmup 5:40 PM

March in 5:20 PM

Awards 8:00 PM

Gymnasts: 71

Flight: A - 39			
 8 Energy PA - 6 Harrisburg Gymnstcs - 2	 9 AJS Pancott - 9	 12 Mannettes Gymnastics - 12	 10 Synergy Gymnastics - 10
Flight: B - 32			
 9 PA ASAP - 9	 8 UMDGC PA - 8	 7 Northeast Gymnastics - 7	 8 Cumberland - 2 Off Limits PA - 6

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Rotation Schedule

Apr 14-16, 2023

Sunday, April 16, 2023

Session: SU1 -- Level 3D

Open Warmup 9:00 AM

Timed Warmup 9:40 AM

March in 9:20 AM

Awards 12:00 PM

Gymnasts: 66

Flight: A - 35



7

Gym Starz - 7



8

Ultimate01 - 5
United Sports PA - 3



11

Metzler's PA - 11



9

SKY Gymnastics - 4
Westmoreland Gym - 5



7

MLG PA - 7



9

LHG - 9



7

Kippettes PA - 7



8

Precision PA - 8

Sunday, April 16, 2023

Session: SU2 -- Level 3E

Open Warmup 12:30 PM

Timed Warmup 1:10 PM

March in 12:50 PM

Awards 3:30 PM

Gymnasts: 74

Flight: A - 38



9

GymOlympic PA - 9



10

Ches-Co PA01 - 3
Silvia's Gymnastics - 7



9

Power & Grace Gym - 9



10

LTD - 3
Silvia's Gymnastics - 5
WPGC - 2



9

Rogers' Classics - 5
Team Lightning - 4



8

Gymsport Gems - 5
Rainbow - 3



9

Team Lightning - 9



10

Central Bucks - 6
Nook PA - 4

Sunday, April 16, 2023

Session: SU3 -- Level 3F

Open Warmup 4:00 PM

Timed Warmup 4:50 PM

March in 4:20 PM

Awards 7:00 PM

Gymnasts: 61

Flight: A - 30



8

Paramount PA01 - 5
Thunder Cats Gym - 3



8

Aerials PA - 8



7

Paramount PA01 - 7



7

Dynamats - 7



9

Tumble W/Denise PA - 9



8

Bearfoot Gymnastics - 5
Lions - 3



7

Fearless Athletics - 7



7

Bearfoot Gymnastics - 7