

2025 Spring Fest Rotation Schedule

Mar 7-9, 2025

Friday, March 7, 2025

Session: 01 -- Level 8

Open Warmup 8:00 AM
Timed Warmup 8:30 AM

March In 8:20 AM
Awards 10:30 AM

Gymnasts: 53

Flight: A - 27



Synergy Gymnastics [8] - 8



Aerials [8] - 3
CCG [8] - 4



Dynamats [8] - 6



ASAP [8] - 6

Flight: B - 26



Haverford Area YMCA [8] - 1
Stallone Gymnastics [8] - 5



CGCHTA [8] - 8



Stallone Gymnastics [8] - 6



CO-OP Gymnastics [8] - 1
LTD Academy [8] - 2
UMDGC [8] - 3

Friday, March 7, 2025

Session: 02 -- Level 9

Open Warmup 10:45 AM
Timed Warmup 11:15 AM

March In 11:05 AM
Awards 1:30 PM

Gymnasts: 52

Flight: A - 28



Gymnastics of York [9] - 3
UMDGC [9] - 5



Stallone Gymnastics [9] - 6



LTD Academy [9] - 2
UMDGC [9] - 5



ASAP [9] - 7

Flight: B - 24



CGCHTA [9] - 5



Synergy Gymnastics [9] - 6



Aerials [9] - 2
Dynamats [9] - 4



CO-OP Gymnastics [9] - 5
MLG [9] - 2

2025 Spring Fest Rotation Schedule

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Friday, March 7, 2025

Session: 03 -- Level 10 & Sapphire

Open Warmup 2:00 PM
Timed Warmup 2:30 PM

March In 2:20 PM
Awards 5:00 PM

Gymnasts: 41

Flight: A - 26



7

LTD Academy [XSA] - 7



6

Aerials [10] - 1
CGCHTA [10] - 3
GymOlympic [10] - 1
MLG [10] - 1



5

ASAP [10] - 1
Synergy Gymnastics [10] - 1
UMDGC [10] - 3



8

CO-OP Gymnastics [10] - 8

Flight: B - 15



5

Stallone Gymnastics [10] - 5



5

Aerials [XSA] - 2
Will-Moor [XSA] - 3



5

Stallone Gymnastics [10] - 5



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Friday, March 7, 2025

Session: 04 -- Xcel Diamond

Open Warmup 5:15 PM
Timed Warmup 5:45 PM

March In 5:35 PM
Awards 8:15 PM

Gymnasts: 39

Flight: A - 23



6

Aerials [XD] - 4
Dynamats [XD] - 2



6

Will-Moor [XD] - 6



5

ASAP [XD] - 1
Aerials [XD] - 4



6

Hanover Gymnastics [XD] - 6

Flight: B - 16



5

Metzlers [XD] - 5



5

LTD Academy [XD] - 5



6

Metzlers [XD] - 6



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Saturday, March 8, 2025


Session: 05 -- Level 6


Open Warmup 8:00 AM
Timed Warmup 8:30 AM


March In 8:20 AM
Awards 11:00 AM

Gymnasts: 61

Flight: A - 32


 8
CGCHTA [6] - 8


 7
Aerials [6] - 3
MLG [6] - 4


 9
CGCHTA [6] - 4
CO-OP Gymnastics [6] - 1
Gymnastics of York [6] - 4

 8
UMDGC [6] - 8

Flight: B - 29

 7
ASAP [6] - 7

 8
CCG [6] - 4
LTD Academy [6] - 4

 6
Dynamats [6] - 6

 8
Stallone Gymnastics [6] - 8

Saturday, March 8, 2025


Session: 06 -- Level 7


Open Warmup 11:15 AM
Timed Warmup 11:45 AM


March In 11:35 AM
Awards 2:00 PM


Gymnasts: 45

Flight: A - 25

 7
CGCHTA [7] - 7


 7
CO-OP Gymnastics [7] - 3
Gymnastics of York [7] - 4

 6
ASAP [7] - 2
CCG [7] - 4


 5
Dynamats [7] - 2
Haverford Area YMCA [7] - 3

Flight: B - 20

 7
Stallone Gymnastics [7] - 7

 6
LTD Academy [7] - 4
MLG [7] - 2

 7
UMDGC [7] - 7

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Saturday, March 8, 2025


Session: 07 -- Xcel Platinum


Open Warmup 2:30 PM
Timed Warmup 3:00 PM


March In 2:50 PM
Awards 5:30 PM


Gymnasts: 68

Flight: A - 34


 9
Aerials [XP] - 6
Dynamats [XP] - 3


 9
Metzlers [XP] - 9


 8
Aerials [XP] - 8

 8
GymOlympic [XP] - 5
Will-Moor [XP] - 3

Flight: B - 34

 9
Hanover Gymnastics [XP] - 4
LTD Academy [XP] - 5

 8
CCG [XP] - 7
Haverford Area YMCA [XP] - 1

 9
LTD Academy [XP] - 6
Showtime Gymnastics [XP] - 3

 8
ASAP [XP] - 8

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
Session: 08 -- Xcel Gold & Level 5


Open Warmup 6:00 PM
Timed Warmup 6:30 PM


March In 6:20 PM
Awards 9:00 PM

Gymnasts: 92

Flight: A - 44


 12
ASAP [5] - 5
ASAP [XG] - 7


 11
CCG [XG] - 5
Hanover Gymnastics [XG] - 6


 12
Dynamats [XG] - 12


 9
CCG [XG] - 9

Flight: B - 48

 12
Metzlers [XG] - 12

 13
Aerials [XG] - 5
Showtime Gymnastics [XG] - 8

 11
Metzlers [XG] - 11

 12
AGA [XG] - 3
Will-Moor [XG] - 9

Sunday, March 9, 2025


Session: 09 -- Level 3


Open Warmup 8:00 AM
Timed Warmup 8:30 AM


March In 8:20 AM
Awards 10:30 AM


Gymnasts: 57

Flight: A - 33


 9
Aerials [3] - 9


 9
ASAP [3] - 9

 9
Aerials [3] - 9


 6
AGA [3] - 4
CCG [3] - 2

Flight: B - 24

 7
LTD Academy [3] - 7

 9
Dynamats [3] - 9

 8
Showtime Gymnastics [3] - 8

 0

Sunday, March 9, 2025


Session: 10 -- Xcel Bron & Level 2


Open Warmup 10:45 AM
Timed Warmup 11:15 AM


March In 11:05 AM
Awards 1:15 PM


Gymnasts: 69

Flight: A - 36

 9
Aerials [XB] - 9


 8
Will-Moor [XB] - 8


 10
AGA [XB] - 6
Aerials [XB] - 4

 9
Will-Moor [XB] - 9

Flight: B - 33

 7
Showtime Gymnastics [2] - 7

 8
Metzlers [2] - 8

 10
ASAP [2] - 10

 8
Metzlers [XB] - 8

2025 Spring Fest Rotation Schedule

Mar 7-9, 2025

Sunday, March 9, 2025

Session: 11 -- Level 4

Open Warmup 1:30 PM
Timed Warmup 2:00 PM

March In 1:50 PM
Awards 3:30 PM

Gymnasts: 31

Flight: A - 31



6

LTD Academy [4] - 6



7

ASAP [4] - 7



9

Aerials [4] - 9



9

CCG [4] - 5

Showtime Gymnastics [4] - 4

Flight: B - 0



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Sunday, March 9, 2025

Session: 12 -- Xcel Silver

Open Warmup 4:00 PM
Timed Warmup 4:30 PM

March In 4:20 PM
Awards 7:30 PM

Gymnasts: 90

Flight: A - 46



11

Metzlers [XS] - 11



11

Metzlers [XS] - 11



14

Will-Moor [XS] - 14



10

Metzlers [XS] - 10

Flight: B - 44



13

Showtime Gymnastics [XS] - 13



11

Hanover Gymnastics [XS] - 11



9

AGA [XS] - 1

ASAP [XS] - 8



11

Aerials [XS] - 3

CCG [XS] - 8